

F. Y. I.

A Monthly Newsletter to Inform and Entertain Our Clients

May You and Your Family Enjoy a Bountiful Thanksgiving

Inside:

Don't Overcook Your Bird!



Thanksgiving Facts and Figures

Fun Brain Teasers

Share them with your Thanksgiving guests

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A closely guarded family recipe you will LOVE

Our Newest IT Environment Monitor – A Lot For A Little

Turkey Cooking Tip

The color pink in cooked turkey meat raises a "red flag" to many diners and cooks. Conditioned to be wary of cooked fresh pork that looks pink, they question the safety of cooked poultry and other meats that have a rosy blush.

It's important to note that the color of cooked poultry is not always a sure sign of its safety. Only by using a food thermometer can one accurately determine that poultry has reached a safe minimum internal temperature. Turkey meat will be safely cooked when the internal temperature reaches 165 °F. However, the meat may still be slightly pink. So many people prefer cooking their turkey to a higher internal temperature.



But, according to the USDA, turkey can remain pink even after proper cooking due to chemical reactions in the oven with the hemoglobin, or because of higher levels of myoglobin in the meat. It can also be due to the natural presence of nitrites.

Thus, if you prefer your turkey more juicy, tender and not overcooked, make sure your bird reaches a safe internal temperature of 165 °F, as determined by a good meat thermometer, and not be too concerned if it appears slightly pink.

My Thanksgiving Gift to You

Since I was a boy, my mother, Eleanor, has made a special pie during holiday times. Her *French Silk Chocolate Pie* is truly unlike anything I have found anywhere else; and believe me, I've looked all over including restaurants, stores and bakeries. Anyone that has tried this chocolate miracle has been mesmerized by its rich, luscious texture.

So, as my Thanksgiving gift to you, I present the well-guarded recipe from Grandma Von Stein that has been our family's treat for years. One warning; take only a slice that is about half the size of a normal pie. It's that rich...

FRENCH SILK CHOCOLATE PIE

1 cup butter	2 teaspoons vanilla
1 ½ cups sugar	4 eggs
4 squares unsweetened chocolate, melted and cooled	1 nine-inch baked and cooled pie shell

Beat the butter with the sugar until it is very well blended, smooth, fluffy and pale yellow

Blend in the chocolate and the vanilla

Beat in the eggs, one at a time, taking five minutes to incorporate each and using the electric mixer at medium speed.

Turn the mixture into the pie shell and chill several hours.

Decorate with whipped cream before serving.

Yield: Eight servings –it's rich.

Thanksgiving Facts

- Sarah Josepha Hale, an influential magazine editor of the mid-19th century and the author of the nursery rhyme “Mary Had a Little Lamb”, petitioned for a national Thanksgiving holiday for close to 40 years
- Abraham Lincoln declared the final Thursday of November a national day of thanksgiving and Congress made Thanksgiving Day a national holiday in 1941
- Minnesota is the top turkey-producing state in the US producing 46.5 million in 2011
- The top cranberry growing states are Wisconsin, Massachusetts, New Jersey, Oregon & Washington which produced 750 million pounds in 2011
- Of the 102 people on the Mayflower, only about half of them were what have traditionally come to be known as Pilgrims. The others, which are called “Strangers” were just people hitching a ride to the New World

Brain Teasers

Exercise your neurons. The first person to contact me with all five correct answers wins a *\$25 American Express Gift Card*.

1. *Seven men arrive at a meeting, and each of them shakes hands once with each of the others. How many handshakes does that make?*
2. *A man died, leaving \$10,000,000 for his widow, 5 sons and 4 daughters. Each daughter received an equal amount, each son received twice as much as a daughter, and the widow received three times as much as a son. How much did the widow receive?*
3. *How much more available capacity is there in twenty four-gallon cans that are half full than in twenty-four gallon cans that are half empty?*
4. *A hand of cards consists of one Queen, two Diamonds, three Aces, and four Spades. What is the minimum number of cards the hand could contain?*
5. *In a game of chess, how many different choices do you have for your first move?*

Monthly Quotes

“Thanksgiving Day is a jewel, to set in the hearts of honest men; but be careful that you do not take the day, and leave out the gratitude.”

– **E.P. Powell**

“We tend to forget that happiness doesn't come as a result of getting something we don't have, but rather of recognizing and appreciating what we do have.” –

Frederick Koenig

“I would rather be able to appreciate things I cannot have than to have things I am not able to appreciate.”

– **Elbert Hubbard**



MARK YOUR NOVEMBER CALENDAR ...

November 1 All Saints' Day
November 10 Marine Corps Birthday

November 11 Veterans Day
(Observed this year on the 12th)

November 22 Thanksgiving Day

National Fig Week –

November 1 - 7

Geography Awareness Week
– **November 11 – 13**

National Game & Puzzle Week – **November 18 - 24**

National Diabetes Month

National Peanut Butter

Lovers Month

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